

Winter SUPPORT PROGRAMS

Gilda's Club Northern New Jersey is currently inviting members to register for our FREE 6-week support groups that will be held this winter:

ADULTS WHO HAVE LOST A PARENT TO CANCER: If you are an adult who lost a parent to cancer, come join this session to gain support and learn effective tools to guide you through your journey.

COPING FOR THE CAREGIVER: This six week workshop will facilitate discussions around the challenges and emotions experienced by an individual caring for a loved one with cancer. Come and receive mutual support, while gaining new tools to cope.

FACING CANCER TOGETHER: Come join other couples who are coping with a cancer diagnosis. Share challenges and emotions that partners face on the cancer journey.

PARENTAL BEREAVEMENT: Are you a parent who has lost a child to cancer? If so, come join other parents coping with loss in a special support group. We welcome those who have lost a child of any age.

PARTNERS BEREAVEMENT: Have you lost your spouse or partner to cancer? If so, come join other partners coping with loss in this special support group. Gain support and learn effective tools to guide you through your journey.

TO REGISTER CALL CARLEY AT:
201.457.1670
OR SEND AN EMAIL TO:
carleyt@gildasclubnnj.org
WWW.GILDASCLUBNNJ.ORG



An Affiliate of the
CANCER SUPPORT COMMUNITY

INTERESTED IN ANOTHER GROUP THAT IS NOT CURRENTLY OFFERED? LET US KNOW!

FREE CANCER SUPPORT FOR THE WHOLE FAMILY, THE WHOLE TIME